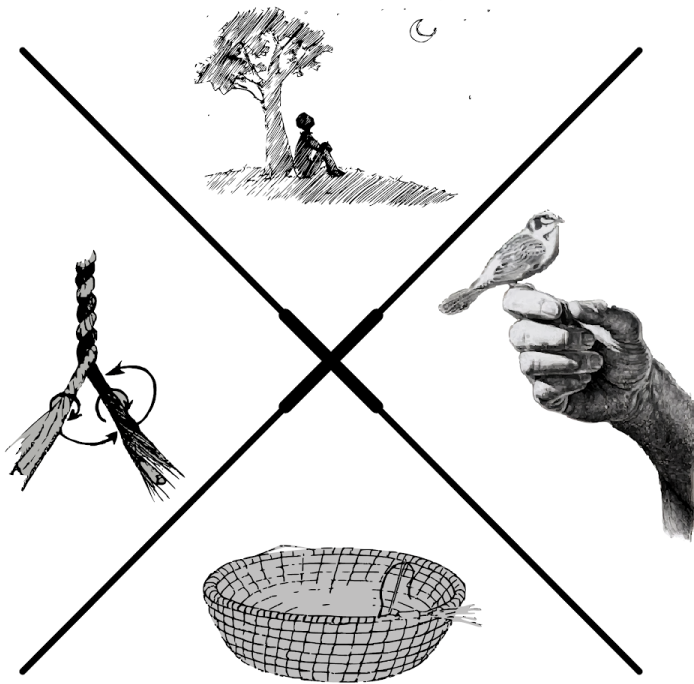


ASCETICS



Shikari

System

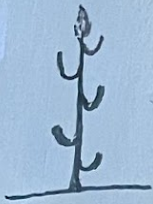
Wilderness

NORTH
EAST



GUILDS

- SIT SPOT
- BIRD LANGUAGE
- FIBER
- BASKETS
POTS



THE
ASCETIC

- EMPATHY
- SOLITUDE
- QUIET MIND



FEB / MAR

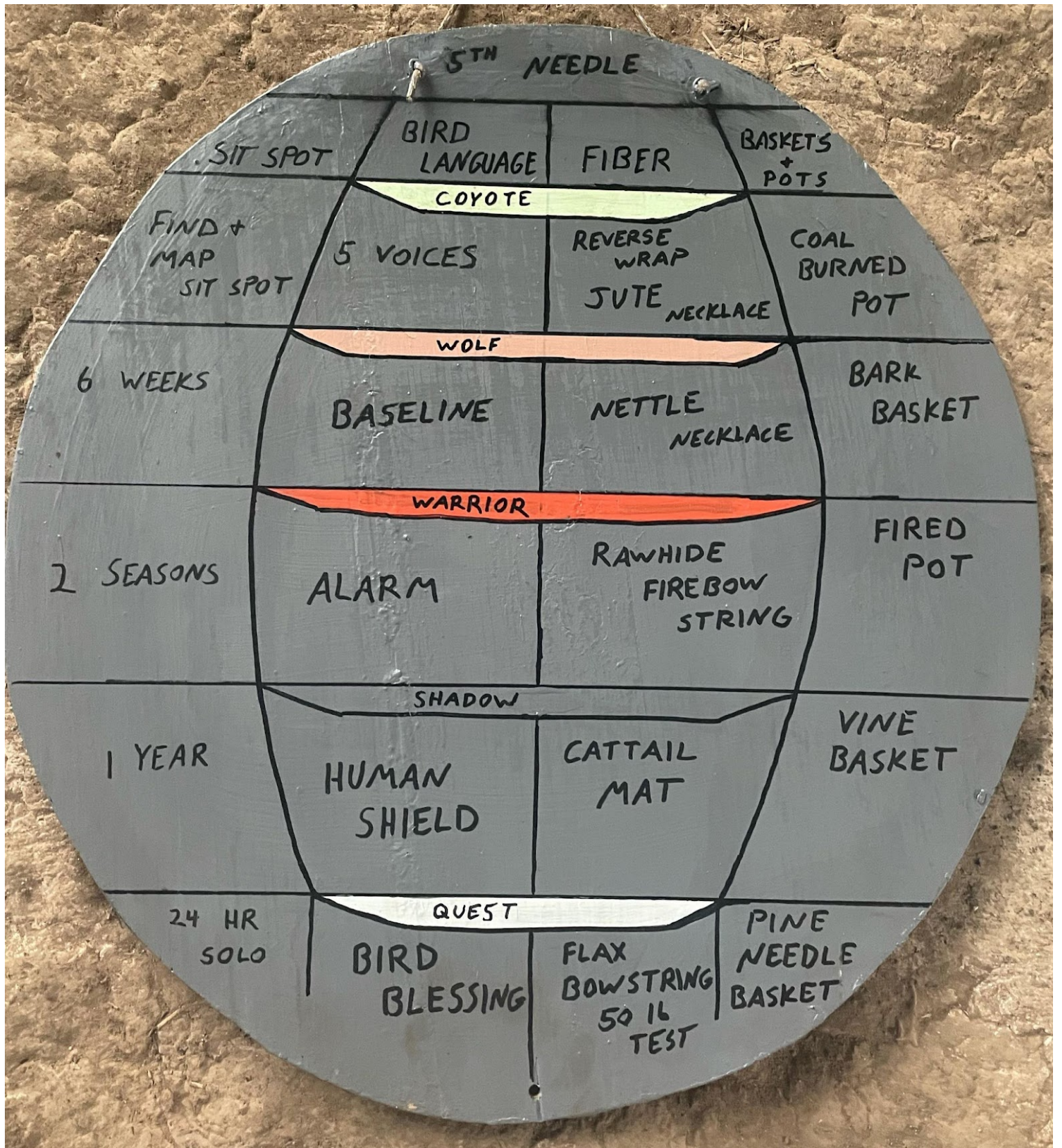
- SPRING PEEPER
- MAPLE
- CATTAIL
- OWL
- WHITE THROATED SPARROW



SCIENCE

- BIRDS





OATH (Needle 1)

It is a great honor to walk the Path of The Ascetic

We give thanks to the Ancestors for showing us The Way

We promise we will;

1. Honor the Northeast Shield through training in these guilds (Sit Spot, Bird Language, Fiber, Baskets and Pots, Packing and Caching)
2. Utilize the Thanksgiving Address and the Sense Meditation in all their forms
3. Strive for constant awareness of the 5 voices of the birds
4. Maintain empathy for all living beings
5. Teach, to help others and ourselves understand The Path of The Ascetic

We make this promise for the health and happiness of the future generations



PROTOCOLS, PROHIBITIONS and CARETAKING (Needle 2)

The Northeast is sometimes called the Spirit Road, that sacred time between night and dawn. Here we invite practitioners to offer tea to the Elders and Storytellers and to embody the spirit of the Ascetic through awareness, empathy and selflessness.

The Northeast **Ascetics Council** is composed of all the Ancestors, Elders, Heroes and Guild Members of the Northeast. As such, all those in the Council and those who are striving to enter the Council should follow these Protocols, Prohibitions and Caretaking Principles.

Caretake these things as you would care for a Revered Elder

-the emotional well being of our community particularly those in need -the plant nations that provide for our fiber, baskets and pots - the birds and their flyways - our sit spots and sacred places in nature, ourselves, and others - our Northeast library books and Ascetics Handbook

Do

-strive to be present for all guild presentations and ceremonies -be attentive -take notes

-learn well to teach well

Do Not

-show up late to guild presentations

-approach the learning and teaching of guilds in a haphazard manner, to do so is to bring disrespect to the Council.

Sit Spot

Do

-communicate with family or instructors when leaving for a sit spot -enjoy, this is your time and your place

Do Not

-force yourself to do sit spot

Bird Language

Do

-practice patience -use your animal forms -journal your observations

Do Not

-look directly at a bird (use owl eyes) -disturb a singing bird (fox walk)

-point at a bird with your finger (use your nose or thumb)

Fiber

-always be on the lookout for materials -learn the seasons for each material

-ask before you harvest and leave a gift

Do Not

-harvest annuals or biennials like nettle and milkweed before they have gone to seed

Baskets and Pots

-find other guild practitioners

-ask before you harvest and leave a gift

Do Not

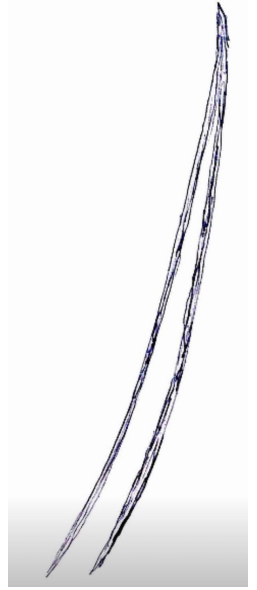
-overharvest materials from one place

PC

-EDC should be carried whenever possible

Do Not

-carry a knife into a government building, a school or an airport



ANCESTORS, ELDERS, HEROES (Needle 3)

ANCESTORS:

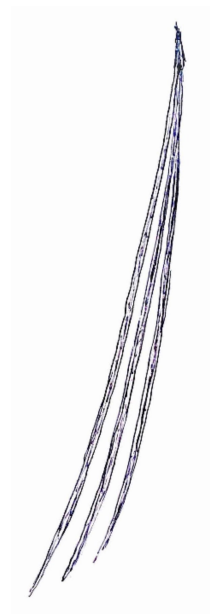
Ethan Runnels

Victor Schoonmaker

Thich Nhat Hanh

ELDERS:

Jon Young



NORTHEAST ALIEN TEST (Needle 4)

5 voices (behaviors) of Birds

What are the 4 baseline behaviors of birds?

1.

What is an example of alarm behavior in birds?

2.

Audio Vocalization ID

3.

Residence

Summer Resident

4.

Winter Resident

5.

A Migratory Waterfowl

6.

What migratory flyway is Indiana in?

7.

Extirpated/Extinct

8.

Recovered

9.

Example of a:

Passerine

10.

Buteo

11.

Accipiter

12.



Hummingbird

13.

Thrush

14.

Wren

15.

Corvid

16.

Landfowl

17.

Wader

18.

Owl

19.

Warbler

20.

A local game bird

21.

Feeding, Name a bird that is:

A Scavenger

22.

A Gleaner

23.

A Ground Feeder

24.

A predator of Birds

25.

A predator of Mammals

26.

A predator of Fish

27.

A predator of Insects

28.

Name two local plants good for making cordage

29.

What are the 5 Animal forms (sense meditation)?

30.

What is the Quest of the Northeast?

31.

What are the Qualities of the Northeast?

32.

What are the Guilds of the Northeast?

33.

Who are the Elders of NE?

34.

Describe a basket native to the Eastern Woodlands, including the plants used, the method, size, tribe that made it, and its utilitarian purpose.

35.

Describe a mat native to the Eastern Woodlands, including the plants used, the method, size, tribe that made it, and its utilitarian purpose.

36.

Order: Passeriformes Family: Icteridae Genus: Agelaius Species: A. phoeniceus Common Name:

red-winged
blackbird

"Agelaius
phoeniceus"

FEMALE



Pointed beak

Brown & tan

Phoeniceus
- "Deep Red"

rounded tail

Diet - Seeds & Insects



bright red
yellow

black

8-22 cm

SPECIES JOURNAL

13" wingspan

Most abundant blackbird
Millions per flock
Undulating flight

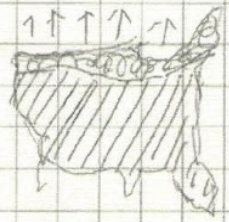
Lives in marshes
& wetlands
& grassy fields

MALE

Female is brown & tan
- smaller in size
- striped chest

"Congreee Call"

Predators - Hawks
Raptors
Barn Owls



yearly max
III - ~~5~~
Egg - Summer
Range

Male will father & defend
10+ females

Defense - Aggressive
will attack big birds
will drive away humans in breeding season

Females will mate & nest
for multiple males

Lifespan can be 15 years

References:
wikipedia
Sibley
American Bird Conservancy

Date:

11/2/15
Scott Spatz



Order :

Family :

Genus :

Species :

Common Name :

SPECIES JOURNAL

References:

Date:

